

A Comparative Study on Education, Height and Weight of Women in Karnal and Mewat Districts of Haryana

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Abstract—Women are the key to food and nutrition security. They play an important role as producers of food, as managers of natural resources, in income generation and as providers of care for their families. Yet, women often continue to have limited access to land, education, credit, information, technology and decision making bodies. Women are thus impaired in fulfilling their potential socio- economic roles in food and nutrition security and in ensuring care, health and hygiene for themselves and their families. This is aggravated by the fact that women themselves are often more vulnerable or more affected by hunger and malnutrition so that it affects their height and weight.

The study was conducted in Haryana state to measure the education, height and weight of the women. The study was conducted in two districts of Haryana state namely, Karnal and Mewat and a total no. of 70 women and girls were selected. Mewat is very backward than Karnal so that we found very much difference between these two districts in education, height and weight. This will give the clear picture about the women's background. This section includes the profile of the respondents with respect to independent variables i.e. age, education, height and weight. We found the age group (10-23), (24-37) and (38-50) and the total respondent according their age group in Karnal were 13, 12, 10 and in Mewat were 14, 9, 12. The education level of the women in the class (0-6), (7-13) and (14-18) in Karnal and Mewat were 11, 18, 6 and 26, 9, 0. In the Karnal and Mewat districts the height and weight also Vary so that height category in cm. was (146-153), (154-161) and (162-168) and respondent were 14, 17, 4 from Karnal and 19, 14, 2 from Mewat. The weight Category (27-44), (45-62) and (63-78) and the respondent were in Karnal 7, 22, 6 and 14, 17, 4 in Mewat.